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# FRONTO-TEMPORAL DEMENTIA: THE ROLE OF INFLAMMATION AND IMMUNITY

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### **Summary**

Frontotemporal Dementia (FTD) is a neurodegenerative disorder which is characterized by behavioural abnormalities, language impairment, and deficits of executive functions. Behavioural variant FTD (bvFTD) and Primary Progressive Aphasias (PPAs) represent the most common phenotypes. The identification of mutations responsible for autosomal dominant inherited disorder, namely Microtubule Associated Protein Tau (MAPT), Granulin (GRN) and chromosome 9 open reading frame 72 (C9orf72) mutations, contributed to elucidate the molecular pathways involved in brain depositions of either Tau or TAR DNA-binding protein 43 (TDP43) inclusions. In FTD cases associated with pathogenic MAPT mutations, Tau accumulation in neurons and glia has been explained in terms of abnormal phosphorylation of the protein, or an altered proportion in the ratio of the 4R and 3R Tau isoforms; conversely, GRN mutation haploinsufficiency and C9orf72 ex- pansion lead to TDP43 aggregation, with a less clear mechanism. However, in the majority of sporadic FTD patients, the molecular pathways triggering Tau or TDP43 protein deposition are still to be uncovered. No risk factors other than genetic background have been recognised in FTD. An immuno-mediated inflammatory hypothesis to neurodegenerative processes has been claimed on the basis of epidemiological studies and genome-wide association analysis (GWAS). Moreover, for some cases of FTD language variants, an autoimmune condition has been suggested. In this review, a brief evaluation of literature data on immune homeostasis in FTD is presented, in order to provide potentially evidence-based approaches for a disease still orphan of any treatment.

**Key words:** Dementia, Fronto-Temporal Lobar Degeneration, Glutamate Receptors, autoimmunity

## Introduction

Frontotemporal Dementia (FTD) is one of the most common neurodegenerative conditions after Alzheimer Disease (AD). Most FTD patients are affected by progressive behavioral abnormalities, language impairment, and deficits of executive functions [1, 2]. The two main pathological hallmarks in FTD are represented by brain depositions of either Tau or TAR DNA-binding protein 43 (TDP43) [3] selectively affecting the frontal and temporal regions. Pathogenic mutations in Microtubule Associated Protein Tau (MAPT), Granulin (GRN) and expansion on chromosome 9 open reading frame 72 (C9orf72) are the main causative genetic factors and the identification of these genes contributed to a major understanding of the disease. Nevertheless it is still unknown whether Tau and TDP43 deposits represent the initial mechanism or simply the result of other unknown environmental, genetic or inflammatory factors [4-9]. At present, though genetic background is still considered the major determinant of the disease [10, 11], evidences from different sources highlighted the role of inflammation in agreement with several discoveries in Autoimmune Encephalitis (AIE) which contributed to modify the paradigm of the Central Nervous System (CNS) as an immune privileged-site [12].

# The contribution of GluR3 autoantibodies to FTD etiology

In FTD, different observations argued for an immune system involvement and significant prevalence of autoimmune disorders has been observed [13, 14, 15]. Genome-wide association analysis (GWAS) in FTD found a significant enrichment for elements of the immune system involved in antigen presentation, including the HLA-DR5 locus [16] and granulin has been associated with inflammatory and wound response [17]. Again, in TREM2 T66M knock-in mouse models there is a dysfunction in microglia and aberrant glucose metabolism in the frontal lobes [18]. Recently, our group reported anti- $\alpha$ -amino-3-hydroxy-5methyl-4-isoxazolepropionic acid receptor (AMPAR) antibodies in a significant proportion of patients fulfilling clinical diagnostic criteria for FTD [19, 20, 21]. On the other hand, emerging evidence of frontotemporal areas involvement in autoimmune CNS disorders has been increasingly reported in the past years. More generally, antibody-associated neuronal autoimmune diseases has become a heterogeneous group of syndromes mainly divided into two groups: classic paraneoplastic syndromes (PNS), linked to the presence of a specific systemic cancer, and autoimmune encephalitis (AIE), with antibodies directed towards the extracellular domain of surfaced neuronal proteins, causing direct neuronal injury [22, 23, 24]. In the absence of neoplasia, the etiopathogenic mechanism underlying autoimmune activity has been less understood. The first auto-antibody to be identified, against GluR3, was in Rasmussen's encephalitis, in 1950s [25, 26]. Moreover, in the autoimmunity CNS disorders spectrum, limbic encephalitis is a well-recognized condition, defined as a subacute onset of short term memory loss, behavioral changes and seizures, mainly involving the temporo-medial lobes and the amygdalae, with variable evidence of CSF inflammation [27]. Different types of neuronal antibodies have been recently identified and, specifically, antibodies directed against voltage-gated potassium channels (VGKC-Abs) are often associated with limbic encephalitis, presenting with seizures, amnesia and medial temporal lobe inflammation [28-29]. Predominantly in young women, another type of auto-antibody, directed against the N-methyl- D-aspartate subtype of ionotropic glutamate receptors (NMDAR) has been identified, which seems to be commonly associated with a prominent movement disorder [30-32]. Dysfunction of glutamatergic signaling can also result in limbic encephalitis when the immune system attacks the AMPA glutamate receptors, which mediate the majority of fast excitatory synaptic transmission in the CNS [33]. Patients affected are usually women older than 50 years old, who present with subacute memory loss, confusion, agitated behavior, and seizures. Remarkably, in the last decade new autoimmune synaptic antibodies have been discovered, namely anti-Leucine-rich glioma inactivated 1 (anti-LGI1), anti-contactin-associated protein-like 2 (anti-Caspr2), and anti- γ-aminobutyric acid class B (anti-GABAB) receptors [29] thus underlining the role of antibody-mediated attack to neuronal structures [33].

# Toward an alternative GluR3 autoantibodies dependent etiologic mechanism for FTD

The etiopathogenic mechanisms underlying CNS autoimmunity are still unknown, although an infective trigger has been proposed. Notably, 20% of patients with Herpes simplex virus encephalitis have relapsing symptoms, especially in children, without viral reactivation or response to acyclovir but, in some cases, they show anti-NMDAR antibodies [34] supporting the view that the infectious prodrome, whenever it occurs, represents an inflammatory event associated with CSF lymphocytosis. In fact, it has been proposed that the inflammatory reaction might be responsible for a temporary and/or localized disruption of the BBB, allowing antibodies to gain entry into the CNS [35-35]. Still it is unclear what drives regional vulnerability, but it has been claimed that serum antibodies might find facilitated conditions to penetrate into the brain

of patients through the heavily vascularized nasal mucosa and the olfactory sensory axons, as well as via the trigeminal nerve into the brainstem [37] though there is evidence that the expression of neuronal antigens is region-specific [38]. More importantly, serum IgA/IgM anti-NMDAR occurs in a significant number of patients with undefined dementia, characterized by higher frequency of CSF abnormalities, sub-acute or fluctuating disease progression and immunotherapy response [39]. Besides those reversible syndromes, clearly linked to a monophasic inflammatory immune-mediated reaction, increasing data seem to emphasize the link between inflammation and neurodegenerative processes. In fact, a robust demonstration of an autoimmunity process linked to neuro-degeneration, has been provided by the identification of IgLON5-antibody in patients with sleep disorders, abnormal behavior, movements and brainstem symptoms with a chronic progressive disease course; Tau protein aggregation has been observed in the hypothalamus, thalamus and brainstem in brain autopsy [40-43]. Furthermore, an inflammatory contribution to neurodegenerative disorders pathogenesis has been hypothesized both in AD [12] both in the senile and presenile populations [44]. With regard to FTD, though a substantial genetic component has been reported in around 10-20% of genetic FTD cases [45-47], no substantial risk factors responsible for sporadic dementia have been identified yet. Notably, a genome-wide association study (GWAS) conducted on a large cohort of mainly clinically diagnosed FTD, has identified a significant association with the HLA locus, supporting the claim that neuro-degeneration might be triggered by the immune system [16]. Furthermore, Miller and colleagues have shown a higher prevalence of systemic autoimmune disease in semantic variant PPA (svPPA) patients [13] consistent with similar subsequent findings in FTD patients with C9orf72 expansion [48]. Another recent and substantial evidence of autoimmunity co-existence in neurodegenerative disorders has been proved by the detection of anti-AMPA GluA3 antibody in serum and cerebrospinal fluid (CSF) of a single FTD patient; the extension of the study to a large clinical series of FTD demonstrated a significant proportion positive for anti-GluA3 antibodies in serum as well as in cerebrospinal fluid [19-20]. As a matter of fact, the incubation of rat hippocampal neuronal primary cultures with CSF with anti-GluA3 antibodies led to a decrease of GluA3 subunit synaptic localization of the AMPA receptor (AMPAR) and loss of dendritic spines. The significant reduction of the GluA3 subunit seems to correlate with increased levels of neuronal tau protein [20]. Altogether these findings argue for a potential role exerted by the dysregulation of the immune homeostasis in FTD, even though it has to establish at what stage autoimmunity plays an active role in neurodegenerative process.

Several neuroimaging studies including different autoimmune disease have shed some lights on the multifaced impact of immunomediated neuroinflammation [49-54]. Despite normal findings in NMDAR encephalitis, longitudinal imaging studies showed that severe disease courses can result in hippocampal or mild global atrophy, with functional, volumetric and white matter changes in the hippocampus correlating with memory performance, disease severity and duration [48, 55]. Similarly, AMPAR and LGI1R encephalitis lead to hippocampal atrophy later in their course [56-58]. Among others, the perisylvian region and the insula are the predominant site for signal abnormality and atrophy [31, 59, 60], with evidence of asymmetrical insular and frontal atrophy correlating with epilepsy duration [61]. Similarly, FTD presents with a focal atrophic pattern affecting primarily the frontotemporo- insular structures [62, 63], even though different patterns may be identified, according to the presenting clinical syndrome [64-70]. Interestingly, in addition to white matter hyperintensities [71, 72], several studies have highlighted a common limbic involvement in FTD, even in the very early disease phases [73-76]. In the last years, microglial activation has become a novel target of PET tracers, such as radio-labeled PK11195, which binds to the translocator protein (TSPO). TSPO is localized on the mitochondrial membrane and it is only minimally expressed in the healthy brain, whereas overexpressed in neuroinflammatory disorders [77]. The application of TSPO imaging to neurodegenerative disorders has confirmed the concurrent presence of inflammation in many conditions, usually reflecting the regional distribution of the pathology [78]. With regard to FTLD, microglial activation has been demonstrated both in tauopathies [79, 80], and in TDP43 proteinopathies [81]. Interestingly, microglial activation has been described before the occurrence of overt anatomical changes in MAPT presymptomatic carriers [82] as well as in the less atrophic hemisphere of FTD patients [83]. These data in addition to open a new avenue have the potential of offering a therapeutic strategy for sporadic cases. Indeed, while patients with autoimmune encephalitis (i.e. anti-NMDA or anti-AMPA receptor encephalitis) are often seriously affected, these disorders have been shown to be responsive to immunomodulatory therapies [35, 84-87]. In the context of FTD, few case reports of antibody–associated encephalopathies (i.e. anti-VGKC, anti-NMDA and anti-AMPA-mGluR3) presenting as frontotemporal dementia-like syndromes have also shown initial beneficial responses after intravenous immunoglobulins, steroid infusions, or rituximab treatment [88-90]. Overall these findings contribute to expand the notion of possible therapeutic perspectives in the treatment of autoimmune related neurodegeneration, in which immunomodulating treatments could potentially reduce or revert the

intracellular accumulation of pathological protein aggregates. It has to acknowledge that the very few available data may anticipate a new pathogenesis and treatment in FTLD for selected cases in whom an early diagnosis "autoimmune FTD" and a prompt treatment could be critical to prevent irreversible neuronal damage and reduce possible neurological sequelae.

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